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NURS 5023

9/22/24

Journal #1:

1. What goal did you meet this week that you and your preceptor discussed?

A goal this week that my preceptor and I discussed was becoming more confident with my assessments of pediatric patients as well as my math for pediatric medication dosing.

1. What areas does your preceptor feel that you need to work on for next week?

An area that my preceptor feels that I need to work on would be working up new patients independently and confidently.

1. What did you do this week that made you feel you gained confidence in a particular area of patient care?

This week I feel like I gained confidence in my interview abilities with pediatric patients. I have been taking more patience on my own and becoming more confident in my abilities to guide my questioning process to ensure the proper diagnosis and treatment.

1. Reflect on a challenging clinical situation or a situation where you did not feel confident in a particular area of patient care.

A challenging clinical situation I experienced this time was having a Hispanic patient. During the interview, it was difficult to understand some of the things the patient was expressing. But with patience and time, I was able to fully understand what the patient was trying to express.

1. How did you handle the situation?

I was able to clarify by repeating what the patient was saying and ensuring that he was able to answer the questions confidently and I was able to educate the patient properly on things she didn’t seem to understand as well.

1. What have you done or will you do to make you feel more prepared for this same  
   situation in the future?

In the future, I will follow this same process in ensuring I take my time to fully understand the patient and their needs. If it becomes a situation where I am not able to communicate confidently with them I will utilize interpretation services if needed.

7. Reflect on some areas of learning while in the clinical area that will benefit you the most in your own practice.

I have been able to learn a lot so far in this clinical rotation. Some areas I feel that will benefit my future practice most would still be the interview process along with the assessment to ensure that I am gathering the correct data to diagnose and treat patients.

8. What course objective did you address this week?

A course objective I was able to address this week would be Implementing and evaluating the advanced nursing care of clients with selected acute and/or chronic illnesses commonly experienced by individuals across the adult lifespan by caring for a post-surgical/hospital discharge patient who came to the clinic for follow up c/o sever N&V, low BP, and abdominal pain following a cholecystectomy.   
9. Describe how you integrated one of the SON’s Professional Pillars during your clinical experience this week.

This week I was able to integrate Integrity as one of the SON’s Professional Pillars by showing up on time, professionally presenting myself, and ensuring that I reflect great morals.