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NURS 5023 Lab

10/03/24

Journal # 2

1. What goal did you meet this week that you and your preceptor discussed?

This week, I successfully conducted patient assessments independently, as discussed with my preceptor, working more with pediatric dosing, and practicing with my suture kit.

1. What areas does your preceptor feel that you need to work on for next week?

My preceptor noted that I need to improve my communication skills with families to ensure they fully understand their diagnosis, treatment, and education.

1. What did you do this week that made you feel you gained confidence in a particular area of patient care?

I gained confidence in performing physical exams, particularly with pediatric patients patients.

1. Reflect on a challenging clinical situation or a situation where you did not feel confident in a particular area of patient care.

I faced a challenging situation when a child was uncooperative during a procedure, which made me feel uncertain about my assessment abilities.

1. How did you handle the situation?

I handled it by remaining calm, using gentle communication, and involving the family for support and my preceptor communicated that I did a great job in this situation.

1. What have you done, or will you do to make you feel more prepared for this same
situation in the future?

I plan to practice more techniques for engaging children and managing difficult situations in the future. Areas of focus include pediatric developmental milestones and effective family communication, which will greatly enhance my practice.

1. Reflect on some areas of learning while in the clinical area that will benefit you the most in your practice.

I think that there are still many areas of learning in the clinical setting that will benefit me such as interpreting an analyzing findings to ensure a correct diagnosis for patients.

1. What course objective did you address this week?

A course objective I was able to address this week would be being able to collaborate with other health professionals and/or utilize community resources to facilitate the management of care for adults.

1. Describe how you integrated one of the SON’s Professional Pillars during your clinical
experience this week.

I was able to integrate commitment as one of the SON’s Professional Pillars by dedicating myself to my preceptor, the patients, and the journey of learning by being present and ready to learn.