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NURS 5019 Lab

8/8/24

Journal # 4

1. What goal did you meet this week that you and your preceptor discussed?

This week, I was able to successfully complete patient assessments with minimal supervision, which was a goal we discussed to improve my diagnostic skills.

1. What areas does your preceptor feel that you need to work on for next week?

My preceptor noted that I need to improve my EKG interpretation skills.

1. What did you do this week that made you feel you gained confidence in a particular area of patient care?

I felt more confident in managing chronic disease management after successfully handling a case of diabetes, including adjusting medication and providing patient education.

1. Reflect on a challenging clinical situation or a situation where you did not feel confident in a particular area of patient care.

I found it challenging to manage a complex case involving multiple comorbidities, as I felt unsure about how to prioritize treatment.

1. How did you handle the situation?

I consulted with my preceptor and reviewed relevant clinical guidelines to better understand the management of the patient’s conditions, and we discussed a step-by-step approach.

1. What have you done, or will you do to make you feel more prepared for this same
situation in the future?

I plan to review more case studies on managing complex cases to improve my skills and confidence.

1. Reflect on some areas of learning while in the clinical area that will benefit you the most in your practice.

Being able to learn about the integration of preventive care measures into routine appointments will be extremely beneficial in my practice, helping me provide comprehensive care to patients.

1. What course objective did you address this week?

This week, I addressed the objective of improving patient education skills by providing detailed counseling sessions on lifestyle modifications for patients with diabetes.

1. Describe how you integrated one of the SON’s Professional Pillars during your clinical experience this week.

One of the SON’s Professional Pillars I integrated this week would be accountability. It states, “Making a decision based upon a knowledgeable understanding of the circumstances, acting on that decision, supporting the decision with evidence-based rational and reason, and accepting responsibility for the outcome.” I believe I was able to integrate this with my difficult encounter instead of ignoring what I felt I chose to do the right thing and have my preceptor concur with my abnormal findings.